

# PSYC3030

## Psychology Undergraduate Research Experience (PURE)

Title of Project	Examining how people's perceptions of norms in their exercise classes impact their class enjoyment, experiences, and body image
Supervisor	Dr Mark Stevens
Supervisor Contact Details	mark.stevens@anu.edu.au
Expressions of Interest due by	Wed 18 February contact mark.stevens@anu.edu.au
Project Background	The project will involve working on a study focused on examining how people's perceptions of norms in their exercise classes impact their enjoyment and experiences in those classes, as well as their body image. To test these relationships, we will be collecting survey data in person at ANU sport exercise classes during the semester, so students will need to be available to come onto campus to assist with this.
Time and duration of project	Semester 1, 2026
Pre-requisites	PSYC2001
Proposed Assessment	Written assignment (Introduction and Method sections for study) (50%); logbooks/reflections (25%); contributions to the project (25%).
Any additional information	N/A
Places Available	3